

Quote of the Month: "Science is organized knowledge. Wisdom is organized life." - Immanuel Kant

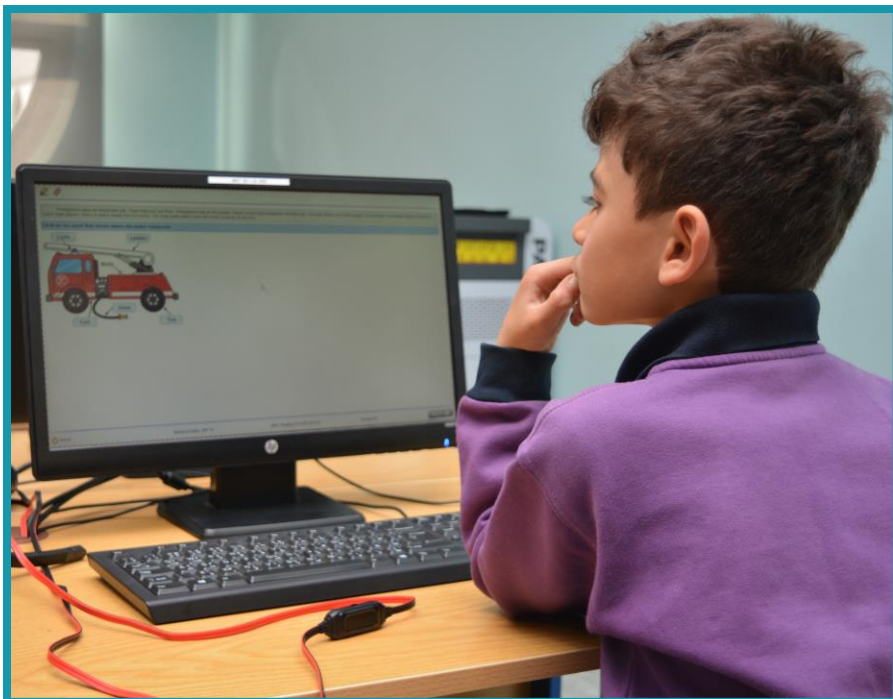
Message from the Executive Director:

Greetings Met Families,

The Met mission separates Met from all others. Egyptian Values, Entrepreneurial Spirit, and Community Service undergird all that we do. As we work, we stand by our commitment to improve in all things. Met is currently undergoing preparations for the upcoming Accreditation visit in May. Our school will obtain full U.S Accreditation in only our second year of operations! This cements our position as a top tier school internationally, as well as a major force in Egypt.

As we ring in the New Year, we welcome several new staff members into the fold. Mr. Yassin Jacob (Science), Ms. Rebecca Beckum (Art), Ms. Marwa Bakry (Pre-K), Ms. Suzette Smit (Gr.2) and Ms. Sarah (KG1). Additionally, Mrs. Truelove (Curriculum Coordinator) and our own Ms. Nicola in her new role as Vice Principal to Early Childhood.

Our students sat for the 2nd round of MAP assessment and you'll be happy to know that student academic growth is at an all time high! Our staff are deeply engaged in professional development as we maximize our ability to deliver a top notch international education for each and every student. - **Kenneth Webley**



Met Corner



Metropolitan School's Academic and Admin Team had the opportunity to attend a professional development day on January 26th, 2017. The training sessions included discussions about different classroom management styles and the role of teachers as facilitators of active learning. These learning outcomes are best achieved through active rather than passive learning. Moreover, all our staff attended a review session in preparation for our Accreditation visit in May.

Parents Corner



In our continuous efforts to provide our parents with beneficial workshops, Metropolitan School was happy to host an 'Anger Management for Parents Workshop' - presented by Dr. Mona Youssri (child psychiatrist, family counselor & CLC founder). The workshop covered topics on how to 'learn to define anger, its types, and triggers,' 'assess parenting style and behaviors,' and 'learn how to design a family plan for anger management.' It was a beneficial and fun learning session to all moms and dads.



The visit to 'El Nafeza' (Arabic word for window) provided Grade 3 with a learning experience to be kept in their memories for a lifetime. 'El Nafeza' is an outlet for the creation of handmade paper produced in an environmental friendly fashion. The students gained a deeper understanding of natural resources, as they learnt how to wisely use these resources for the benefit of their community. Students were excited to learn how to revive the paper-making industry in Egypt. This was also an opportunity to work with people who are physically disabled and see how gifted they are working in such field. The experience was a clear example that nothing can hold us back no matter what type of disabilities or shortcomings we may face in life.



Metropolitan School is proud of its young Champion Ahmed Khaled Gawish in Grade 1 Red, who has won the golden medal and was placed first in the Gymnastics Championship by the Egyptian Gymnastic Federation on Thursday 19th January 2017. Congratulation to our youngest champ, we are so proud of you!



Our KGI children enjoyed their first school trip to Sitara. They took part in the 'Owl Babies' workshop where they made owl puppets and watched a short performance. They then participated and starred in a show of their own. The workshop dealt with emotions, in particular separation anxiety. Everyone indeed had a great time!



KG2 and Grade 2 did a fantastic job performing a skit about what they are learning with the Metropolitan School's 8 Pillar Traits. They demonstrated what it looks and sounds like when making a good choice or a poor choice. They performed with confidence, showing us all the outcomes of both actions. The students also explained that if we want something someone else has, we don't have to snatch or grab. We can choose to be kind. We can use words like "I will wait" or "please may I play too?" It is important to show our kindness even if we are feeling jealous. It was a very animated assembly!"

Flash News



Students in Grade 5 are learning how to use the microscope as part of Unit 3 which covers cells. This activity introduced students to the microscope, as they cut out the letter “e” and use the small piece of paper to make a wet mount slide. They were then asked to focus the microscope using all three objective lenses and record their observations as drawings.



In cooperation with ‘Leap Development Hub’, Metropolitan School was glad to host its Winter Camp at the School’s campus over the Winter Break. Children were indulged in an array of sports & edutainment activities. Leap is an integrated development hub of interactive environment & responsive activity programs designed to awaken each child’s unique sense.



KG2 students have been learning about transport, they worked on building their own cars using recycled materials and other craft products. They discussed if the cars would move differently by changing the shape of the wheels. The students investigated by making predictions and carrying out tests.



Pre-K students had a chance to visit a sports shop in New Cairo on their first school trip this year. In alignment with their curriculum and studies, they got the chance to see and learn about different kinds, sizes, weights, and textures of balls. They also got exposed to the Medicine Ball: A large, heavy, solid ball thrown and caught for exercise. Met young learners are now able to differentiate between sizes and different usage of sports balls. It was a lot of fun!

Flash News



This month we have been learning about the different parts of the body in French and what they can do. It has been fun and very interesting. In each classroom we watched a short video about the body parts and we learned the words and danced to the music of Alain le lait (le corps). KG1 learners used a variety of colorful toys to create their own body masterpiece. While KG2 learners got to trace their own bodies and later painted the body shape during art. As for the Grade 1 learners, they used ear buds (Q-tips) to create their own skeleton. It was a lot of fun!



Having fun with science is a wonderful thing and building different habitats is a great project for the students. It helps them explain how an animal's environment provides all the things it needs in order to survive. The students were able to describe some of the different types of environments found on earth. Our kids did a great job building their own habitat projects. Well done everyone!!



During our after school care program (ASC) we have been working on many projects that have helped build our students' fine and gross motor skills. Students have been creating projects, such as using pipe cleaners to write their names. This project helps students with their fine motor skills as they bend and move the pipe cleaners while allowing students to look at writing in a different form. Students also created a pencil case using paper, allowing students to use their imagination to create something that they may need by materials that they can find around the room. Students also had the opportunity to create a 2D image with paper, a popsicle stick, and a drawn-out car. They also created buildings and a street that allowed their car to move throughout their city, and an imaginary fish bowl using a round plastic plate.



Met students in Grades 1 and 2 enjoyed learning about the five senses and seeing different animals during their visit to Family Park earlier this month.

Flash News

January 29th is marked as the 'Chinese New Year'. On this occasion, Metropolitan School's Fine and Performing Arts Department, together with Elementary Students, have created a Dragon using different textures and art materials. During the morning lines, students got to perform the Chinese Dragon Dance and produced music while using recycled materials as musical instruments. It was a festive morning of celebrations to both the Elementary and Early Childhood Students. 愉快的中國年 (Yúkuài de zhōngguó nián) Happy Chinese New Year!



Character Education

During December we had our first parental guidance training session done by our counsellor, Mrs. Annerie Krause. We, as parents, expect our children to grow up to be responsible citizens and therefore we need to teach our children how to solve problems in a proper way. Mrs. Annerie emphasized the importance of guiding our children on how to solve problems with a positive approach that will be sustainable throughout their development as human beings.

We, as parents, should stop stepping in to solve our children's problems and behavior. Rather we should encourage them to solve their own problems, equip them with problem solving skills and guide them to correct their own behavior during their developmental years.

During the session we learned that we have to first of all be calm before we try to address any problem. Our body language is extremely important and we should be able to listen actively to one another when disagreeing and talking to each other.

Our next parental training session will be during February and the theme will be Positive Discipline techniques.



MetBiz

Our MetBiz students demonstrated their great entrepreneurship and community service skills during our Winter Wonderland Bazar Day by embodying the season's joy and giving spirit, and donating all the profit they received from their hot drinks booth to 'Misr El Kheir Foundation.'

"We make a living by what we get and we make a life by what we give!" -

Winston Churchill



Egyptian Values



Our students have learned about Ancient Egyptian heritage with a trip to the Pyramids. They learnt how Ancient Egyptians buried and mummified the dead, how kings were glorified by the way their body was positioned and preserved inside the pyramids, in addition to many other aspects of this mysterious ancient life. "Many hidden truths are often unobserved, not invisible." - Matthew A. Petti

Met Serve



Serving the community is an integral part of our Met Values. A drive has been held to collect gently used items of clothing to be donated to children who are less fortunate than ourselves. "Thank You" to all who donated, you helped make a difference to a child. Donations collected last month were sent to families in the outskirts of Maadi and Torab Elyahood.

Dates for your Diary

Thursday, February 2nd, 2017

End of Second Quarter + Pre-K Celebrating Learning Activity (Pre-K Parents invited)

Sunday, February 5th, 2017

Grade 1 Navy & KG1 Indigo Assembly + CCA Starts

Tuesday, February 7th, 2017

KG1 Lime visit to 'Awladi Orphanage'

Wednesday, February 8th, 2017

KG2 Trip to the Fire Station

Thursday, February 9th, 2017

Second Quarter Report Cards live on Rediker Parents Portal

Monday, February 13th, 2017

Grades 4&5 Trip to 'Al Azhar Park'

Tuesday, February 14th, 2017

Valentine's Dress Up Day

Monday, February 20th, 2017

Grade 3 Trip to 'Nafas'

Tuesday, February 21st, 2017

KG1 Farm Trip

Thursday, February 23rd, 2017 (08:30 am - 09:30 am)

Met Leadership Parents Morning Coffee - Meeting Room

Sunday, February 26th, 2017 – Thursday, March 2nd, 2017

Literacy Week