

Metropolitan Fall 2022	Price
Fresh Baked Bagels & Spreads	
Plain, Sesame, Whole Wheat ,Cinnamon Crunch & Onion	12.00
Add Cream Cheese	20.00
Add Blueberry Cream Cheese	25.00
Add Guacamole Spread	22.00
Add Chocolate Spread HS/MS	23.00
Bagel Sandwiches With your Choice of Bagel	
Smoked Turkey with Cream Cheese	49.00
Smoked Turkey with Cheddar	41.00
Smoked Turkey Breast, Smoked Chicken Breast or Roast Beef	60.00
Egg Omelet Cheddar	33.00
Breakfast Burrito with Salsa and Cheddar	38.00
Hot Items & Sandwiches	
Grilled Cheese Sandwich	32.00
Cheese Quesadilla with Pepper Jack, Cheddar & Salsa	40.00
Chicken Quesadilla with Pepper Jack, Cheddar & Salsa	62.00
Bagel Hot Dog	33.00
Cheese Pizza Bagel	25.00
Roasted Potato	22.00
Garlic Bread	17.00
Nachos	26.00
Special Hot Sandwiches	
Grilled Chicken Breast or Beef Burger on a Bun with Lettuce & Tomato	60.00
Grilled Chicken Breast or Beef Burger Wrap with Lettuce & Tomato	62.00
BBQ Chicken Sandwich	63.00
Hawawshi	52.00
Half Hawawshi	27.00
Chicken or Beef Sandwich	62.00
Chicken Strips Baked	55.00
Side Items	
Mashed Potatoes	32.00
Soups	30.00
Add Cheddar or Pepper Jack Cheese	8.00
Add Smoked Turkey	10.00
Add Tomya	4.00
Snacks	
Granola Bar	16.00
Energy Granola Bar	29.00
Yogurt & Granola Cup	32.00
Yogurt & Granola Cup with Honey	34.00
Special Muffin	20.00
Marble Cake	16.00
Cookies	12.00

Pudding	22.00
Popcorn	10.00
Cinnamon Rolls	30.00
Belgian Waffle on Stick	14.00
Belgian Waffle with Honey	18.00
Belgian Waffle with Chocolate HS/MS	30.00
Brownie HS/MS	20.00
Cereal with Milk	27.00
Fresh Seasonal Fruit	16.00
Beverages	
Fresh Squeezed Orange Juice	28.00
Fresh Squeezed Mint Lemonade	20.00
Fresh Squeezed Lemon Ice Tea	20.00
Sobia	20.00
Hibiscus	20.00
Fresh Seasonal Juice	30.00
Juice Box or Milk Box	12.00
Water	6.00