



Product	Metropolitan 2023
Fresh Baked Bagels	
Plain, Sesame, Whole Wheat, Cinnamon Crunch & Onion	15.00
With Cream Cheese, Veggie Cream Cheese or Honey Butter Spread	45.00
With Blueberry Cream Cheese	48.00
Guacamole Spread	48.00
With Chocolate Spread	45.00
Bagel Sandwiches With your Choice of Bagel	
Cucumber & Cream Cheese	47.00
Smoked Turkey with Cream Cheese	70.00
Smoked Turkey with Cheddar	56.00
Egg Omelet Cheddar	46.00
Egg Omelet Turkey & Cheddar	57.00
Breakfast Burrito with Salsa and Cheddar	48.00
Hot Items & Sandwiches	
Grilled Cheese Sandwich	42.00
Cheese Quesadilla with Pepper Jack, Cheddar	50.00
Bagel Hot Dog	45.00
Cheese Pizza Bagel	35.00
Mini Pizza Bagel	18.00
Roasted Potato	25.00
Garlic Bread	18.00
Nachos	30.00
Nachos Small	25.00
French Fries Monday/ Wednesday MS & HS only	35.00
Special Hot Sandwiches	
Grilled Chicken Breast or Beef Burger a Bun with Lettuce & Tomato	75.00
Hawawshi	72.00
Half Hawawshi	36.00
Chicken or Beef Sandwich	75.00

Chicken Pane Sandwich	74.00
Chicken Strips Baked	74.00
Any Sandwich on a Wrap or Syrian Bread	2.00
Side Items	
Mashed Potatoes	35.00
Add Cheddar or Pepper Jack Cheese	13.00
Add Smoked Turkey	16.00
Add Salsa	10.00
Add Tomya	6.00
Add Honey	3.00
Snacks	
Granola Bar	23.00
Energy Granola Bar	35.00
Yogurt & Granola Cup	42.00
Muffins	25.00
Special Cup Cake	28.00
Special Blueberry Cup Cake	33.00
Carrot Cake with Cream Cheese Frosting	56.00
Marble Cake	23.00
Cookies Ms/HS	19.00
Special Cookies	30.00
Sweet Potato Sticks	35.00
Popcorn	15.00
Carmel Popcorn Ms/HS	35.00
Chocolate Popcorn Ms/HS	35.00
Cinnamon Rolls	40.00
Belgian Waffle on Stick	20.00
Belgian Waffle with Honey	25.00
Belgian Waffle with Chocolate Ms/HS	43.00
Brownie	30.00
Cheese Cake Cup	35.00
Rice Crispy	35.00

Cereal with Milk	32.00
Beverages	
JB Fresh Squeezed Orange Juice	30.00
JB Fresh Squeezed Peach Ice Tea	30.00
JB Fresh Squeezed Mint Lemonade	25.00
JB Fresh Squeezed Lemon Ice Tea	25.00
JB Sobia or Hibiscus	25.00
Juice Box or Milk Box	12.00
Water	8.00
Hot or Cold Chocolate	45.00

